

Summer Camp at Armonk Tennis Club

- Frequently Asked Questions



# What should I do before my child starts camp?

The camp office must have a current health form on file prior to the start of camp, as well as a signed legal disclaimer. Both forms are available on the Armonk Tennis Club website (www.armonktennis.com). If your child requires medication during the camp day, it must be brought in the original bottle to the office, and the dosage must be discussed with the Camp Director. All outstanding balances must be paid by the first day of camp.

## What type of clothing should my child wear/bring to camp?

All children should wear sneakers every day. They are active throughout the day and should dress comfortably. Everyone should bring a hat, as well as a sweater or sweatshirt. Even on mild days, the sun can be strong, and even on hot days, it can get cool in the shade, particularly after swimming. For those campers with two swim sessions per day, we suggest bringing multiple bathing suits and towels. We encourage our youngest campers to wear their bathing suits under their clothes if they are comfortable doing so. If not, the counselors will help them change in the locker rooms. In addition, they should pack an extra set of clothes in case of spills, bathroom accidents, etc. All clothing (including underwear, socks, and bathing suits), towels, and other personal items should be labeled with your child's name.

## What should my child not bring to camp?

Please leave any valuables at home. We also suggest that campers not bring their cell phones, but if they do, the phones must remain in their bags at all times.

## When should sunscreen be applied?

Sunscreen should be applied to your child before coming to camp, and a bottle labeled with his/her name should be brought each day. Campers should reapply sunscreen as necessary, especially after swimming, and counselors will help if necessary. If your child has any special needs regarding the sun, please let us know, and we will follow your instructions to ensure their safety.

# Should my child bring a water bottle?

There are water stations at every activity, and the campers take frequent water breaks. However, if your child prefers using his/her own water bottle, please label it, and we will keep it in the cooler.

## What happens for lunch?

Campers may either pack their own lunch or purchase lunch for the week. The cost is \$45 per week, and it cannot be ordered on a daily basis. Please sign up for the upcoming week's lunch by calling the office no later than Friday at noon.

## Does my child have to participate in every activity?

Our goal is 100% participation. We inspire, motivate, and work towards that goal. Please encourage your child to join in every activity and let us know if there are any issues. We do whatever we can to provide a comfortable environment for each camper.

## Does my child need a tennis racket?

Each child needs his/her own racket. For Camp Armonk participants, we will keep them at camp, so please let your counselor know if your child needs to bring it home. Children can order a racket by speaking with Tennis Director Doug Sherman to determine the most suitable one.

## What is the adult supervision ratio at the pool?

For general swimming, there is a 3:1 camper to lifeguard/counselor ratio. For swimming lessons, one lifeguard and one counselor are in the pool with each group of five or six campers, with an additional lifeguard stationed out of the pool.

## What are the drop-off and pick-up procedures?

In the morning, please drive into the drop-off area. We will take your child with his/her belongings to the camp area. If you wish to walk your child down yourself, please park in the lot. Do not get out of your car in the drop-off area, as we need to keep traffic moving. In the afternoon, please show your pick-up tag (you will be given three at the beginning of your child's session), and your child will be brought to the car with his/her belongings. If you carpool, please give a pick-up tag to the carpool driver and let your counselor know who will be picking up your child. Again, please do not get out of your car. If you need to talk to your child's counselor, please park in the lot. Finally, drive slowly and carefully and do not talk on your cell phone at drop-off or pick-up time.

## What if my child needs to arrive late or leave early?

Late arrivals and early dismissals are handled by the camp office. When your child is late, please bring him/her to the office, not to the fields or tennis courts. If your child will be picked up early, a note is required for our files, and he/she must be picked up at the office, not at the fields or tennis courts.

## What happens on rainy days?

The indoor tennis courts and clubhouse are utilized to hold all regular activities except swimming. Please send your child to camp with rain gear to travel between locations.

## What if I need to discuss my child's camp experience?

You can contact us at anytime by calling Armonk Tennis Club at 914.273.8124.

